

*Our Mission: Quality, artistic education and personal growth in an inclusive learning environment.*

## Children's Schedule 2010-2011

Season begins Monday, August 9, 2010.

Monday		Tuesday		Wednesday		Thursday		Saturday	
Modern 4:00-5:00 pm	Level II 3:45-5:00 pm	Level A1 3:45-4:15 pm		Level II 3:45-5:00 pm		Level A1 3:45-4:15 pm		Level A 9:00-9:45 am	Level B 9:00-9:45 am
Capoeira 5:00-6:00 pm	Level III 5:00-6:30 pm	Level B 4:15-5:00 pm	Level I 4:30-5:30 pm	Level III 5:00-6:30 pm	Capoeira 5:00-6:00 pm	Level A 4:15-5:00 pm	Level I 4:30-5:30 pm	Level A1 9:45-10:15 am	
					Teen Hip-Hop 5:00-6:00 pm			Jazz/Hip-Hop I 10:30-11:30 am	
								Jazz/Hip-Hop II 11:30-12:30 am	
								Musical Theatre 12:30-1:30 pm	

## CLASS DESCRIPTIONS

*Descriptions show suggested age guidelines; however, children are carefully evaluated and placed individually.*

### CHILDREN'S CLASSES

**CHILDREN'S BALLET** - A performing Art combining poses and steps with flowing movement. Using technique as a liberating force each student is encouraged to express their individual strengths and personality through dance.

#### Preschool Division

- **Level A-I** -A dance awakening class for potty-trained 2 ½ – 3 ½ year olds, introducing young children to the joys of movement and music through dance, tumbling, percussion and imaginative play. Recommended one class per week.
- **Level A** - A pre-ballet classes for 3 ½ - 5 year olds that will introduce children to more formalized movement and initial ballet postures through the use of organized play. Recommended one class per week.
- **Level B** -Ballet Class for 5 and 6 year olds that presents the primary curriculum; expanding on the initial postures and movement from Level A, now is the time to learn to do everything with a little more care, but with just as much enjoyment. Recommended one class per week.

#### Primary Division

- **Level I** -The young dancer ages 7- 12 years old will begin to work through the class like a professional dancer. The exercises are divided into two parts – those taken at the *barre*, and those in the centre. Required two classes per week.
- **Level II** - This level is for children who have accomplished the elements of Level I. Level II introduces more exercises at the *barre* and a larger vocabulary of movement in the centre. Required two classes per week. There will be additional performing opportunities at this level.
- **Level III** – For those students who have accomplished the elements of Level II this class will introduce pirouettes, pre-pointe exercises and develop the strength required for more mature dance technique. There will be additional performing opportunities at this level. Required two classes per week, more than two classes per week highly recommended.

#### Alternate Disciplines

**CHILDREN'S CAPOEIRA** - An Art that synthesizes elements of dance, gymnastics, martial arts and music. Your children will learn to work with and combine all these elements to create the capoeira game. Appropriate for 5-11 yr olds. Recommended one or two classes per week.

**New CHILDREN'S MODERN DANCE** – A dance form developed in the early 20<sup>th</sup> century. This Horton Technique modern dance class features exhilarating flowing choreography and expressive movements appropriate for 8-12 year olds.

**CHILDREN'S JAZZ/HIP-HOP I** – A blend of jazz, hip/hop, African and Latin moves appropriate for 7-11 year olds.

**CHILDREN'S JAZZ/HIP-HOP II** – A more advanced class building on the foundation of Jazz/Hip-Hop I to include turns, leaps and more complex rhythmic and choreographic work. Students in this class will form a performance group and participate in community performances. Requirements include enrollment in Ballet Level I, or higher.

**New TEEN HIP-HOP** – A recreational dance class for teens using an improvisational freestyle form of movement.

**♫ MUSICAL THEATER** – The fundamentals of singing, dancing and acting will be introduced through the magic and thrill of musical theater, appropriate for 7-11 year olds.